

**ST ANDREW UKRAINIAN CATHOLIC CHURCH
2019 LENT AND EASTER (PASCHA) SCHEDULE**

REMINDER: NO WEEKDAY MORNING LITURGIES DURING LENT			
Schedule is subject to change – Please check weekly bulletin for updates			
	<u>DATE</u>	<u>TIME</u>	<u>COMMENTS</u>
Pre-Sanctified Liturgy	Every Wednesday (English)	6:30PM	Starting Wednesday, March 6 <i>(Abstinence from meat is encouraged every Wednesday during Lent)</i>
<i>Sorokousty</i>	March 9, 16, 23, 30; April 6, 13	After 9:00am Liturgy	Names of deceased loved one's read aloud after Saturday morning Liturgy
HOLY LENTEN MISSION	To be announced	Please check the weekly bulletin for further details.	
Annunciation of the Blessed Virgin Mary	March 25	Liturgy at 9:30am on Monday, March 25 (Holy Day)	
Palm Sunday	April 13 & 14	Normal weekend Liturgy schedule – Myrovanya and Blessing of willow branches at all Liturgies	
Holy Monday	April 15	6:00pm	Liturgy of Presanctified Gifts
Holy Tuesday	April 16	6:00pm	Liturgy of Presanctified Gifts
Holy Wednesday	April 17	6:00pm	Liturgy of Presanctified Gifts
Holy Thursday	April 18	<i>Time to be announced</i>	Vespers and Liturgy of St Basil the Great with Washing the Feet <i>(This service at St Josaphat Ukrainian Catholic Cathedral)</i>
		6:30pm	Matins & Reading of 12 Gospels (St. Andrew)
Good Friday <i>(No meat or dairy products permitted on this day.)</i>	April 19	5:00pm	Vespers; Exposition and Veneration of Holy Shroud
		9:00pm	Overnight Vigil (through 9:00am Holy Saturday)
CONFESSIONS	Saturday, April 20	1:00pm to 2:00pm – Saturday only	
Holy Saturday <i>(No meat products permitted on this day.)</i>	April 20	9:00am	Vespers and Divine Liturgy St Basil
		3:00pm	Blessing of Baskets – Easter Food (Ukr)
		5:00pm	Blessing of Baskets – Easter Food (Eng)
Pascha (Easter) Sunday <i>(No fasting during Bright Week only.)</i>	April 21	7:00am	Resurrection Matins with Divine Liturgy of St John Chrysostom with Myrovanya (Ukrainian with Choir)
		11:00am	Divine Liturgy of St John Chrysostom with Myrovanya (English)

*The three pillars of Lent are **Fasting, Good Works (Almsgiving), and Prayer...**
This year, let Lent make a difference in your life!*



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Special Overnight Vigil at St Andrew (Good Friday to Holy Saturday) – The church doors will be open from 9:00pm to 9:00am. This evening vigil will be a time for prayer and contemplation. Throughout the evening, various prayers and Bible readings will be read in both English and Ukrainian. At least two people (adults) will be in the church at all times. A sign-up sheet will be available for anyone who would like to sit through a 1 or 2-hour time slot. All are invited to participate in this special period of reflection.

Journey to the Foot of the Cross - 10 Things to Remember For Lent (Source: www.usccb.org)
Below is only an excerpt...go to this website to read the entire article...<http://www.usccb.org/prayer-and-worship/liturgical-year/lent/journey-to-the-foot-of-the-cross-10-things-to-remember-for-lent.cfm>

1. Prayer, Fasting and Almsgiving—the three things we need to work on during the season.
2. It's a time of prayer.
3. It's a time to fast.
4. It's a time to do something positive.
5. It's a time for self-control.
6. It's a time to keep things simple.
7. It's a time to remind ourselves of our weaknesses.
8. It's a time to be patient.
9. It's a time to reach out to charity.
10. It's a time to learn to love like Christ.



LENT is a time for us to grow prayerfully, personally, and powerfully in our relationship with God. Great Lent is a 40-day period when we prepare ourselves for the Great Resurrection. During this time we follow the footsteps of Jesus who spent 40 days and 40 nights in the desert...our goal is to meet the risen Lord Jesus, who reunites us with God the Father. During Great Lent, the Church teaches us how to receive Him by using the two great means of repentance – prayer and fasting. This year, imagine that this Lent is going to be different from every other Lent you ever experienced...imagine that God is going to help transform our lives, leading us to greater freedom, greater joy, and deeper desire for love and service. This can be a wonderful season of grace for us if we give ourselves to it. Lent is about God's great desire to bless us. (Source: *Ukrainian Catholic Eparchy of Edmonton Newsletter Vol 2 Issue 5*)

Preparing for Confession (Reconciliation) – During Lent we are called to reform our lives and become holy. We do this by focusing on God through prayer, treating others well, and changing our negative behavior. Confession is not only a spiritual cleansing, but a spiritual awakening. We must acknowledge our sins and take responsibility for our actions and consequences. To make a good confession, five things are necessary: (1) examine your conscience thoroughly; (2) be sincerely sorry for your sins; (3) resolve to amend your life; (4) confess your sins to the best of your ability; and, (4) complete the penance given to you. (Source: *same as above*)

Reflection - *It is not enough for us to say: "I love God," but I also have to love my neighbor...We have been created in His image for greater things, to love and to be loved. We must "put on Christ" as Scripture tells us. And so, we have been created to love as He loves us...When He was dying on the Cross, Jesus said, "I thirst." Jesus is thirsting for our love, and this is the thirst of everyone, poor and rich alike. We all thirst for the love of others; that they go out of their way to avoid harming us and to do good to us. This is the meaning of true love, to give until it hurts ...Mother Teresa* (Source: www.ewtn.com/faith/len)

For more information about the Great Fast and Easter, please go to our Eparchial Website: <http://stjosaphateparchy.com/> If you do not have a computer, stop by the St. Andrew Church Office.

The Great Fast is a journey of the heart which is then filled with the radiant light of Pascha at the end of the journey.

Upcoming St Andrew EVENTS/ACTIVITIES – Mark your Calendar! More Details to Follow:

- ❖ LENTEN FISH FRY FRIDAYS – March 8, 15, 22, 29; April 5, 12
- ❖ PASKA MAKING AND SALE – See upcoming bulletins for details
- ❖ DIVINE MERCY SUNDAY – April 28
- ❖ PARISH EASTER DINNER/SVIACHENE – To be announced
- ❖ FIRST RECONCILIATION / COMMUNION – May 5
- ❖ MOTHER'S DAY – May 12
- ❖ PENTECOST SUNDAY – June 9